SWAMI VIVEKANAND SUBHARTI UNIVERSITY
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MAHARISHI AUROBINDO SUBHARTI COLLEGE & HOSPITAL OF NATUROPATHY & YOGIC SCIENCES
SWAMI VIVEKANAND SUBHARTI UNIVERSITY
Return to Nature - The Future of Healthcare

Office of the Principal & Dean Faculty of AYUSH

Ref. No. Nat-1030

Dated: 16th Nov 2026

ACADEMIC YEAR: 2026-2027

TIME TABLE

CLASS –BNYS 1st Year

DAY/TIME	MON	TUE	WED	THU	FRI	SAT
08.00 - 09.00 AM	Physiology Practical (SMC) Batch -1 / (Yoga Meditation) Batch – 2nd Floor, Yoga Hall	Yoga Practical 6th Floor, Yoga Hall Dr.Abhijith.K.B	Yoga Practical 6th Floor, Yoga Hall Dr.Abhijith.K.B	Yoga Kriya Ground Floor, Kriya room Dr.Anilka	Yoga Meditation 6th Floor, Yoga Hall Dr. Anshi Sharma	Yoga Practical 6th Floor, Yoga Hall Dr.Abhijith.K.B
09.00 - 10.00 AM						Mentor mentee meeting
10.00 - 11.00 AM	Physiology (Lecture) (SMC, LT-4)	Physiology (Lecture) (SMC, LT-4)	Biochemistry (Lecture) (Dr. Roshni) (SMC, LT-4)	PNC – 1 (Lecture) (Dr. Abhay) (SMC, LT-4)	EVS (Mrs.Sweta) (SMC, LT-4)	Central Library (Dr. Abhay)
11.00 - 12.00 PM	Anatomy (Dr. Anilka) (SMC, LT-4)	Anatomy (Dr.Anilka) (SMC, LT-4)	PNC – 2 (Lecture,SMC, LT-4) (Dr. Abhay)	Anatomy (Lecture) (SMC, LT-4)	Anatomy (Lecture) (SMC, LT-4)	Anatomy (Practical) (SMC)
12.00 - 01.00 PM	Biochemistry (Lecture, SMC, LT-4) (Dr. Roshni)	Biochemistry (Lecture) (Dr. Roshni,SMC, LT-4) OSPE /OSCE)	SANSKRIT (Lecture,SMC, LT-4) (Mr. Yeshpal)	Rastrabodh (Dr. D.C. Saxena) (SMC, LT-4)	SANSKRIT (Lecture,SMC, LT-4) (Mr. Yeshpal)	
01.00 - 02.00 PM	LUNCH					
02.00 - 03.00 PM	Yoga Practices (Lecture, (SMC, LT-1)) Dr.Abhijith.K.B	Biochemistry Practical (Paramedical Department) Batch - 1 / PNC Practical (Dr. Abhay) Batch - 2	Physiology (Dr.Anshi Sharma, (SMC, LT-1) OSPE /OSCE	Physiology (Lecture,(SMC, LT-1) (Dr.Anshi Sharma)	English Communication (SMC, LT-1) (Ms. Soni Chauhan)	
03.00 - 04.00 PM	Central Library (Dr. Abhay)		Yoga Practices (Lecture,SMC,LT-1) Dr.Abhijith.K.B	Biochemistry (Lecture,SMC, LT-1) (Dr. Roshni)		

- **Note:** Batch – 1 will go for the physiology class for 6 months and batch – 2 will go for the Yoga practical class for 06 months on every Monday.
- **OSCE:** Objectively structured Clinical examination, OSPE: Objectively structured Clinical examination.
- **Class Coordinator :** Dr.Abhay Kumar, Assistant Professor, MASCHNYS

PRINCIPAL
MASCHNYS
Swami Vivekanand Subharti University
Meerut

Dr. Nair Dhiren Raj
Officiating Dean & Principal